



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

Monthly Newsletter

SEPTEMBER 2020

PDP

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Webex Training

PDP

September 1

9:00 a.m. – 12:00 p.m.

Permanency Options for Youth

1:00 p.m. – 4:00 p.m.

Essential Communication Skills for Working with Youth

September 2

10:00 a.m. – 1:00 p.m.

Transition Plan: Helping Youth in Care Plan for their Future

September 3

10:00 a.m. – 1:00 p.m.

Preparing Youth in Care for the College Experience

1:00 p.m. – 4:00 p.m.

Preparing Youth in Care for Employment

September 4

1:00 p.m. – 4:00 p.m.

Boundaries: Setting Limits and Sharing Safely

September 8

9:00 a.m. – 12:00 p.m.

Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m.

Permanency Options for Youth

September 9

10:00 a.m. – 1:00 p.m.

Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

1:00 p.m. – 4:00 p.m.

Transition Plan: Helping Youth in Care Plan for their Future

September 10

9:00 a.m. – 12:00 p.m.

Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m.

Permanency Options for Youth

September 11

10:00 a.m. – 1:00 p.m.

Boundaries: Setting Limits and Sharing Safely

Webex offerings are updated daily. To register, visit the Human Services Learning Center at <https://www.hslcnys.org/> or contact Meaghan Hurley, mhurley@albany.edu or 518-442-6558 for the most up to date trainings. For the latest training descriptions visit: <https://bit.ly/320EeQQ>



Webex Training

PDP

September 15

10:00 a.m. – 1:00 p.m. **Preparing Youth for Employment**

1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

September 16

10:00 a.m. – 1:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

1:00 p.m. – 4:00 p.m. **Preparing Youth in Care for the College Experience**

September 17

9:00 a.m. – 12:00 p.m. **Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

September 18

1:00 p.m. – 4:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

September 21

9:00 a.m. – 12:00 p.m. **Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m. **Permanency Options for Youth**

September 22

9:00 a.m. – 12:00 p.m. **Motivating and Engaging Youth**

1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

September 23

10:00 a.m. – 1:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

1:00 p.m. – 4:00 p.m. **Preparing Youth in Care for the College Experience**

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Webex Training

PDP

September 24

9:00 a.m. – 12:00 p.m. **Preparing Youth for Employment**

10:00 a.m. – 1:00 p.m. **Permanency Options for Youth**

September 25

9:00 a.m. – 12:00 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

September 28

10:00 a.m. – 1:00 p.m. **Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

September 29

10:00 a.m. – 1:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

1:00 p.m. – 4:00 p.m. **Permanency Options for Youth**

September 30

10:00 a.m. – 1:00 p.m. **Preparing Youth in Care for the College Experience**

1:00 p.m. – 4:00 p.m. **Essential Communication Skills for Working with Youth**

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Resources

PDP

Youth in Progress

View resources for youth in New York State.

www.youthinprogress.org

LGBTQ+

Free recording of “Supporting LGBTQ+ Young People of Color: Healing from Racism and Cultivating Liberation During COVID-19 and Uprisings Against Anti-Black Racism.”

<https://bit.ly/32rdkns>

Healthy Relationships and Self-Care

Free webinar series for parents of teens, and for young adults by The New York Presbyterian Youth Anxiety Center.

<https://bit.ly/3lppHcq>

Cultural Awareness

Cornerstone Cares is providing free courses on unconscious bias.

<https://bit.ly/2EsUbcJ>

In his TEDx talk “Growing Roses in Concrete” Jeff Duncan-Andrade discusses the importance of meeting youth where they are at and offers a model for schools as the center of community health to create and support ongoing safety, security, and growth.

<https://bit.ly/3hImi5S>

Wellness

Article about "How to Bolster Emotional Resilience and Prioritize Workplace Self-care."

<https://bit.ly/2QslKW8>

Back to School

Back to College and Training 2020: An Editable Toolkit for Assisting Youth with Experience in Foster Care or Homelessness.

<https://bit.ly/3jf2W90>



SOCIAL CONNECTION

September 2020 Social Media Updates

Talking About Race Toolkit Affirm, Counter, Transform (ACT)



TALKING ABOUT RACE

Let's talk about race. The Center for Social Inclusion (CSI) has put together a toolkit to help get the conversation started:

<https://bit.ly/3b5CWtR>

KINSHIP CARE

DID YOU KNOW? September is National Kinship Care Month. Curious? Learn more about what kinship care is:

<http://www.nysnavigator.org/>



National Kinship Care Month

What are Foster Youth to Independence Housing Vouchers?

FINANCIAL ASSISTANCE

What are the Foster Youth to Independence (FYI) housing vouchers? They provide 36 months of rental assistance. Find out if you qualify:

<https://bit.ly/2EH5vS7>



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SOCIAL CONNECTION

September 2020 Social Media Updates



Be

Resourceful

FREE SERVICES

Find free or reduced cost services near you:

<https://bit.ly/3jeTG4L>

ACTIVISM

Learn 10 ways you can engage in activism:

<https://bit.ly/2G3Cotf>



Back to School in a Pandemic World

FOSTER PARENTS AND COVID

This year, New York Foster Parents face a 'Back to School' like no other. Read what others are doing:

<https://bit.ly/2EwQ8M9>



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Post until 9/30