

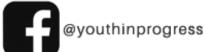


# IN THIS ISSUE

WebEx Training...2
Resources...5

# Follow Us for the Latest News on our Social Media Channels







# **Contact Information**

#### Jessica Milliman-Estus

NYS OCFS Buffalo Regional Office 295 Main Street Ellicott Square Building, Suite 545

Buffalo, NY 14203 Phone: 716-847-3145

E-mail: Jessica.Milliman-Estus@ocfs.ny.gov



#### September 1

9:00 a.m. – 12:00 p.m. **Permanency Options for Youth** 

1:00 p.m. - 4:00 p.m Essential Communication Skills for Working with Youth

September 2

10:00 a.m. − 1:00 p.m. Transition Plan: Helping Youth in Care Plan for their Future

September 3

10:00 a.m. — 1:00 p.m. Preparing Youth in Care for the College Experience

1:00 p.m. - 4:00 p.m. Preparing Youth in Care for Employment

September 4

1:00 p.m. - 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

September 8

9:00 a.m. - 12:00 p.m. Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m. **Permanency Options for Youth** 

September 9

10:00 a.m. — 1:00 p.m. Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

1:00 p.m. - 4:00 p.m. Transition Plan: Helping Youth in Care Plan for their Future

September 10

9:00 a.m. - 12:00 p.m. Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m. **Permanency Options for Youth** 

September 11

10:00 a.m. - 1:00 p.m. Boundaries: Setting Limits and Sharing Safely



#### September 15

10:00 a.m. – 1:00 p.m. **Preparing Youth for Employment** 

1:00 p.m. - 4:00 p.m. Transition Plan: Helping Youth Plan for their Future

September 16

10:00 a.m. - 1:00 p.m. Boundaries: Setting Limits and Sharing Safely

1:00 p.m. - 4:00 p.m. **Preparing Youth in Care for the College Experience** 

September 17

9:00~a.m.-12:00~p.m. Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m. Transition Plan: Helping Youth Plan for their Future

September 18

1:00 p.m. – 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

September 21

9:00 a.m. - 12:00 p.m. Essential Communication Skills for Working with Youth

1:00 p.m. – 4:00 p.m. Permanency Options for Youth

September 22

9:00 a.m. - 12:00 p.m. Motivating and Engaging Youth

1:00 p.m. - 4:00 p.m. Transition Plan: Helping Youth Plan for their Future

September 23

10:00 a.m. - 1:00 p.m. Boundaries: Setting Limits and Sharing Safely

1:00 p.m. - 4:00 p.m. Preparing Youth in Care for the College Experience



#### September 24

9:00 a.m. – 12:00 p.m. **Preparing Youth for Employment** 10:00 a.m. – 1:00 p.m. **Permanency Options for Youth** 

#### September 25

9:00 a.m. - 12:00 p.m. Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

#### September 28

10:00 a.m. – 1:00 p.m. Essential Communication Skills for Working with Youth 1:00 p.m. – 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

#### September 29

10:00 a.m. – 1:00 p.m. Transition Plan: Helping Youth Plan for their Future 1:00 p.m. – 4:00 p.m. Permanency Options for Youth

#### September 30

10:00 a.m. – 1:00 p.m. Preparing Youth in Care for the College Experience 1:00 p.m. – 4:00 p.m. Essential Communication Skills for Working with Youth



#### **Youth in Progress**

View resources for youth in New York State.

www.youthinprogress.org

#### LGBTQ+

Free recording of "Supporting LGBTQ+ Young People of Color: Healing from Racism and Cultivating Liberation During COVID-19 and Uprisings Against Anti-Black Racism."

https://bit.ly/32rdkns

#### Healthy Relationships and Self-Care

Free webinar series for parents of teens, and for young adults by The New York Presbyterian Youth Anxiety Center.

https://bit.ly/3lppHcq

#### **Cultural Awareness**

Cornerstone Cares is providing free courses on unconscious bias.

https://bit.ly/2EsUbcJ

In his TEDx talk "Growing Roses in Concrete" Jeff Duncan-Andrade discusses the importance of meeting youth where they are at and offers a model for schools as the center of community health to create and support ongoing safety, security, and growth.

https://bit.ly/3hlmi5S

#### Wellness

Article about "How to Bolster Emotional Resilience and Prioritize Workplace Self-care." https://bit.ly/2QslKW8

#### **Back to School**

Back to College and Training 2020: An Editable Toolkit for Assisting Youth with Experience in Foster Care or Homelessness.

https://bit.ly/3jf2W90



# SOCIAL CONNECTION

September 2020 Social Media Updates

Talking About Race ToolKit
Affirm, Counter, Transform (ACT)

### TALKING ABOUT RACE

Let's talk about race. The Center for Social Inclusion (CSI) has put together a toolkit to help get the conversation started:

https://bit.ly/3b5CWtR

#### KINSHIP CARE

DID YOU KNOW? September is National Kinship Care Month. Curious? Learn more about what kinship care is:

http://www.nysnavigator.org/



**National Kinship Care Month** 

What are **Foster Youth** to Independence Housing **Vouchers?** 

# FINANCIAL ASSISTANCE

What are the Foster Youth to Independence (FYI) housing vouchers? They provide 36 months of rental assistance. Find out if you qualify: https://bit.ly/2EH5vS7









# SOCIAL CONNECTION

September 2020 Social Media Updates



# Resourceful

## **FREE SERVICES**

Find free or reduced cost services near you: https://bit.ly/3jeTG4L

## **ACTIVISM**

Learn 10 ways you can engage in activisim:

https://bit.ly/2G3Cotf



# **Back to School**

in a Pandemic World



## FOSTER PARENTS AND COVID

This year, New York Foster Parents face a 'Back to School' like no other. Read what others are doing:

https://bit.ly/2EwQ8M9





@YIPNewYork